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## HEALTH CARE

### Health minister won't rush Smith recommendations

ALLAN BENNER  
PelhamNEWS Staff

WELLAND — Deb Matthews has no plans of rushing through Kevin Smith's recommendations for restructuring Niagara Health System.

In an exclusive interview, Ontario's health minister said Friday she's "going to take the time to get it right."

see HEALTH CARE | page 2



## United Way sets \$600,000 target

VICTORIA GRAY Staff Photo

United Way of South Niagara president Angela Carter, left, and this year's campaign chair, John Crocco, help to kick off the agency's 2012 fall fundraising campaign at Casa Vostra Ristorante, Thursday.

VICTORIA GRAY  
PelhamNEWS Staff

WELLAND — A far cry from the days of when the local United Way agency would ask

for upwards of a million dollars to aid dozens of local non-profit programs and organizations, the south Niagara branch Thursday night kicked off its fall fundraising campaign with a goal of

attaining \$600,000.

Since those days, industries once relied on for a huge chunk of campaign dollars have closed shop or moved elsewhere. People have lost jobs.

And agencies they once turned to, too, have had to cut programming, merge or call it a day.

see FUNDRAISER | page 2

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# upfront

## ■ HEALTH CARE

# Recommendations to be reviewed by Matthews

FROM PAGE 1

"Obviously there are some very important decision points there," she said. "I will take the time that these recommendations deserve. I'm not setting a timeline for myself, but I am giving very serious consideration to each of these recommendations."

Some of those recommendations released in the NHS supervisor's final report last week carry a significant price tag — such as a new \$87.8-million hospital for south Niagara.

"There's no question we're operating in a time of real fiscal challenges. All of (Smith's) recommendations will be considered very seriously but within the context in which we live," Matthews said. "(Smith) has given us some very good advice, but it's a while out there before any decision is going to be made on the capital side."

Some of Smith's recommendations have been hard for people within the community to swallow.

Welland MPP Cindy Foster said she shares concerns — particularly about consolidating services like pediatrics, obstetrics and mental health in St. Catharines until a new hospital is built.

"There are going to be

huge negative impacts on the remaining programs and services in Welland and Niagara Falls," the NDP'er said. "And that's certainly not something that I support, nor does my party."

While supporting many of the recommendations in Smith's report, Conservative health-care critic Christine Elliott said south Niagara residents are "naturally skeptical about whether or not the government really has a plan to create a coherent system within NHS."

"I think a lot of their concerns are very real because they've seen this government promise a lot of things and haven't seen it materialize," she said.

Although Smith's final report recommends relocating pediatrics and obstetrics programs to the new south Niagara hospital when it's built, Elliott wondered what happens if the new hospital never becomes a reality "and you're left without those services in the local community."

Matthews said consolidating those programs is "one recommendation that I know people, particularly in south Niagara, are anxiously awaiting (for a decision to be made), but I'm going to take



Deb Matthews

the time it deserves."

"I can tell you though, that I will always make decisions based on what's best for patients," Matthews said.

Although Smith recommended building a new hospital at the intersection of Lyons Creek Rd. and the QEW, Matthews said she hasn't made any decisions regarding a location.

"There's a lot that has to happen before a decision to move forward on a new hospital can be made," she said.

"The most important thing that can happen now is that the NHS continues to develop a culture of patient-centred care. I think we've come so far in a short period of time, but there's more work ahead before that is a decision that will be made."

## ■ FUNDRAISER

# People encouraged to donate time instead of money

FROM PAGE 1

John Crocco, United Way of South Niagara's newest campaign chair, said this about the 2012 goal: "The focus is on our community and on the 17 organizations, and it's an opportunity for members of the community to come together and give what they can for each other."

The local United Way kicked off its campaign with a gala at Casa Vostra Ristorante, where it was announced this year's theme is "Why I give."

The campaign is meant to raise funds and awareness in the community of

the many needs and issues the 17 organizations supported by the United Way try to tackle.

"We want people to know that it starts with them," said former branch president Peter Papp. "Your donation is the start or something great for someone in need and it goes directly to this community."

This year's campaign is also focused on encouraging people to donate something more important than money — the organization wants time.

Charitable organizations always need volunteers and they know that not

everyone has extra money to give, but they do know everyone has time.

Jodi McIntosh has cerebral palsy and colitis. She can't talk and her mobility is severely limited, but she donates her time to the United Way doing office work.

"In spite of everything that has happened in her life, she still volunteers," United Way representative Ad Lewis said. "I think sometimes we take everything we have for granted, but you know if she can do it, so can we."

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## ■ UNITED WAY OF SOUTH NIAGARA

# Amalgamation still supported

PelhamNEWS Staff

United Way of South Niagara president Angela Carter respects Niagara Falls decision to pull out amalgamation talks, but she's disappointed.

"We're disappointed and at the same time respect that each of the boards have their own decision to make and

have their own communities to represent," she said.

Niagara Falls and Fort Erie United Way announced Tuesday they were backing away from the table because it didn't feel amalgamating with South Niagara and St. Catharines and District United Way branches would offer their clients more or better services.

Carter said the boards decision would not effect their ability to work with the falls branch in the future.

"We're always worked together and just because they don't want to amalgamate it doesn't have impact on us working together," she said. Carter still believes amalgamation is the right way to go for South Niagara.

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## tempo

■ **TERRY HUGHES:** Retired teacher still educating

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# Writer: it's time to focus on history

**ALLAN BENNER**  
 PelhamNEWS Staff

**WELLAND** — Two hundred years ago, the eyes of the world were focused on Niagara as the War of 1812 raged on.

"Every community has a special time," said Terry Hughes. "That was ours."

And now, during the bicentennial of that war, he said schools should be focusing on local history — about the battles fought within their own community 200 years ago.

"But it's not happening, and I know why. Our teachers are too overwhelmed," he said.

School boards, he added, are too focused on provincial test results to dedicate too much time to educating young people about their own history.

Even while teaching primarily at Fitch St. school, local history was always a big part of the lessons Hughes taught in his history class — although it wasn't a topic he was supposed to be teaching early in his career. Local history wasn't added to the curriculum until 1979.

Hughes used local history as a way to help his students relate to events that happened long before they were born.

He organized regular field trips for his students — well, at least the ones who got their homework done, taking them on bicycle tours of historic sites throughout the city.

With the support of school principals, Hughes said he was able to do "lots

of interesting things" while teaching his students.

"Because of that I developed what I call a bag of tricks because I had to sell history," he said. "It was my mission. I had to get kids interested in history."

In addition to the popular field trips, Hughes' bag of tricks also included things like popular song lyrics that helped link students to their own past, as well as using maps and literature to make learning about history a little more fun.

Hughes, a lifelong Welland resident, has never stopped teaching local history.

Long after his retirement in 1997, Hughes has continued to educate people about the history of the community, writing regular columns published in *The Tribune*, and leading tours and discussions on topics like the history of the Welland Canal, and railways that once carried passengers throughout Niagara.

The father of two sons and grandfather of five led one such discussion Saturday, during a meeting of the Pelham Historical Society.

"I find that there is some difficulty in getting the message out in my own community about our heritage," he said.

"That's been my goal, to make people aware that we have lots of interesting stories."

He shared a few of those stories during Saturday's meeting.

"That's a story about David Morgan — you've heard of Morgan's Point. He and his son, to avoid all the



**ALLAN BENNER** PelhamNEWS Staff

Terry Hughes holds an old photograph of the old aqueduct — a landmark that has since been transformed into a flower pot. The remains of the structure form the base of the city's rose garden behind the Civic Square.

hassel that United Empire Loyalists were getting when they came into Canada, he decided to put a canoe in the water with his son and he paddled across the lake," he said.

"He probably landed on Camelot Beach. There was a lot of rock down at Morgan's

Point so they didn't want to land there because the canoe would have been torn apart.

"Once they got farming, where were they going to take their produce to get it milled? The Zavitz operation wasn't there yet."

He said Morgan would

load his grain into his canoe, paddle it down the Niagara River to Chippawa. He'd portage around the falls, and then paddle across Lake Ontario to Kingston where he could get his grain milled.

"That in itself was an interesting story, but there

are all kinds of stories like that, that are out there," he said. "When you stop and think of something as horrendous as that, that's really something that's hard to believe, but that's what they had to do."

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## perspective



Wayne Campbell  
EDITOR

## Daisy stars on Haist

Backyard wildlife provide entertainment no matter where you live.

In rural Pelham on ponds and among shrubs and in trees you can see ducks, geese, song birds, hawks, turkeys, turkey vultures and owls.

Across the back of farms and through bush lots wander deer, coyotes, foxes and even the legendary Pelham panther.

In the urban area, of FoxHill there is another rare critter, a pure white squirrel called Daisy.

"She is quite elusive, but is occasionally seen on lawns near Kirk-on-the-Hill," said John Giancarlo.

On Sept. 16, he spotted her on a lawn on Haist Court.

"I grabbed my camera and dashed out to try and snap photos of her," he said. "Daisy was with the best of birds and good equipment, wildlife photography is difficult."

"Daisy is a busy little squirrel with a large fluffy tail. She is constantly moving quickly, but I was able to get a few photos of her before she scampered up a maple tree and disappeared."

White squirrels are relatively rare, especially among the black, brown and grey squirrels of Ontario.

But colonies of them do grow. Earlier, about 50 kilometres north of London, has turned its group into a tourist attraction. Daisy apparently is a classic.

"Her eyes and ears are pink and her coat a brilliant white and she has a huge fluffy tail," said Giancarlo.

"She is always a delight to see, since she is so unusual and lovely to watch. She is one of nature's natural wonders, right here in FoxHill!"

I know what he means. Squirrels put on a good show any time. It's even better when they're an exotic white.

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## ■ HUMOUR: Arnie Dyker

# It's all about avoiding the big mistakes

Arnie made a mistake today on the golf course.

"See," you may be saying, "Everybody makes mistakes on the golf course. The best players in the world make mistakes. Does he think he's so special that he doesn't?"

The thing is, Arnie's was a bigger than average boo-boo.

No, it wasn't when he hit the shot sideways that went under that tree. That's not even his fault. That's God's fault for not giving him a good enough supply of talent.

And it wasn't when he said, "I ain't takin' no 16. I can make this shot."

Whereupon he put forward his best effort to squirt it out under the chances a foot off the ground and down the fairway a hundred yards in a wild-eyed attempt to skip it across the pond directly in front of the green and then, somehow, in a bit of a long shot, onto that green. That didn't work out, of course. Phil Michelone might pull that off one time out of a thousand.

And it wasn't when, lying in three inches of water in that pond, he announced, "I ain't takin' no eight. I can make this shot."

And it wasn't three shots later when he got that ball across the green and under the lip of the bunker on the far side, when he exhorted, "I ain't takin' no 12! I can make this shot."

It wasn't even directly related to his statement as he was marking the



Arnie Dyker

16 on his scorecard. "Well it looks like it's gonna be hard to beat you today, Rog." (Pronounced, Rodge, like Dodge, short form for the family name Rogers, for those of you meeting him for the first time.)

He's Arnie's longtime friend who is actually a good golfer. Arnie outscored him about once every six years, partly because of the discrepancy in talent and partly because a good golfer never says, "I ain't takin' no six," and ends up with 16.

Nope, the big mistake that his genesis soon after the 16, when Arnie announced, with total insincerity to Mr. Rogers and to his other close friend RJ, "I can handle a 16 because I have hardly any ego now that I'm older."

RJ got the joke and smiled one of those little ironic smiles that he does so well.

Rog, apparently not sure whether Arnie was yanking them around, spent a good ten seconds pondering the statement, and then, with that soft smile that he specializes in, came up with, "You do seem to be doing a little better with that Arnie. But you're still as stubborn as ever."

But the mistake hadn't taken place yet.

The mistake, and it's a big one, came when Rog dropped his buddy off at home after the game, exchanged a few pleasant words with Arnie and Donna Jean, and left for his own home with a wave and a "See you next time."

The mistake came when Arnie told the 16 story to his wife, and all he got out of it was, "Well, yeah, you're the most stubborn man I've ever known, Arnie."

Arnie was only asking for a chuckle, not a hurtful confirmation of the worst that could be taken from his little story.

But an hour later, sharing a sunset and glass of wine on the back deck, when Donna Jean asked, "You're not still dwelling on that, are you?" he replied, honestly, "No, not in a hurt way, my love. But I was thinking about the philosophy of it."

What he was thinking in his philosophical fog was, "You know, I'm betting that just about every wife would have the same observation about her husband: 'You're the most stubborn man I know.'"

"And almost every husband would say, 'I love her dearly, but she is one stubborn woman.'"

"Because every one of us is stubborn by nature."

"That might not even be a terribly bad thing, either. What kind of world would be living in if everyone but

say ten people was always thinking? I must be wrong. Because somebody said so, and they must be right. What do I know?"

"A rotten, dictator-led world of spineless clones, that's what kind of world."

"Of course your wife is going to think you're the most stubborn man in the world. She's the one who both loves you and wishes you would do things and see things more the way she does. And of course you're going to resist sometimes. You're a man and she's a woman, and it's way beyond rare that you're going to see things exactly the same way – not gonna happen. You're the same species, but not the same version."

When Donna Jean mentioned, less casually than Arnie would have liked, "If you asked all of your best friends, you know they'd say that you're a really stubborn man, too."

Well, no. Arnie doesn't think that's what they'd say.

He thinks they'd say is, "Why no, Arnold. She thinks you're stubborn because she's your wife. That's what all of the wives think."

"You're not stubborn at all. Quite the opposite, in fact."

That's what Arnie thinks they'd say. But he's not going to hunt them down to pursue their answer. That would be an unfair thing to do to a friend.

Unfair and undignified.

Plus.

He's afraid to ask.

## ■ REAL ESTATE VIEW: Cathy Berkhout-Bosse

# Has the real estate market bubble burst?

Unit sales of residential properties dropped off 26% in August compared to last year's August results. According to MLS system reports of the Niagara Association of REALTORS® there were 14 sales in Pelham during the month of August 2011. Similar monthly results were reported in our neighbouring City of Welland. With August 2012 total sales of 66 units, the month ended 26% shy of last year's total of 89 transactions.

The August slowdown is consistent with the most recent

media release from the Canadian Real Estate Association that indicated that the number of home sales processed through the MLS® Systems of real estate boards and associations in Canada fell 5.8 per cent between July and August 2012. This drop in activity represents the largest month-over-month National decline since June 2010.

With almost all the large urban centres across Canada including Greater Toronto, Greater Montreal, Greater Vancouver, the Fraser Valley, Calgary, Edmonton, and Ottawa all reporting reduced activity in August the cumulative effect caught the attention of our national media. The result being that the most common question



Cathy Berkhout-Bosse  
REAL ESTATE  
VIEW

we are now hearing from local consumers is "Has the bubble burst?"

As far as Niagara is concerned, one would have to presume that there was a bubble in the first place. Since 2007 the average annual sale price of the Toronto Real Estate Board increased 23.7% while unit sales declined 4.1%. In comparison, our Pelham market

experienced a modest 5% price growth during the same time frame with unit sales 16% below the 2007 peak level.

It is no secret that average price growth has been slowing across Canada since last Spring. Remember to keep in mind that all markets are local and our small, affordable Niagara predictably suffers along without the extreme ups and downs of larger metropolitan markets.

Cathy Berkhout-Bosse, H.B.A. is a real estate broker at ReMax Welland Realty Ltd. living in Pelham. You may reach her at: [wayne.campbell@sunmedia.ca](mailto:wayne.campbell@sunmedia.ca)

## ■ readers' views

### Clarification on connection

I am with OurDigitalWorld which is the organization that provided the software, VITA, for the Pelham Public Library to create their online site.

I just wanted to clarify that in the story "Library puts historical calendars online" a statement "A connected website was set up through OurOntario, historical research source" is misleading.

The OurOntario.ca portal is a historical research source that the Pelham material will be discovered through as well as the standalone site at <http://vitacollection.ca/pelhamlocalhistory/customized-by-Pelham-Public-Library>.

The latter, and it's linkage to the larger portal, are provided by OurDigitalWorld.

OurDigitalWorld (<http://ourdigitalworld.com>) provides technologies and services to increase and encourage the creation of digital collections for organizations of all kinds and of every size.

Our services enhance the discovery through portals like OurOntario.ca and on the World Wide Web so historians, genealogists, students, and the general public can find and explore our rich cultural heritage.

Using the VITA Digital Toolkit, Pelham Public Library was able to upload, describe, and display their local historical society's collection of historical calendars with full text searching and page-by-page browse capabilities.

By bringing this material "off the shelf" visitors across the globe will be able to freely and easily access these records of local history and their archival photos, illustrations, and more.

Pelham Public Library is contributing to the increasing breadth of historical information available online and doing so in ways that will ensure that history is discovered and can be shared far and wide.

For more information about the VITA Toolkit, go to <http://vitatoolkit.ca>.

To access the Pelham Local History collection go to <http://vitacollection.ca/pelhamlocalhistory/>

Jess Postgate  
OurDigitalWorld

### Something did happen here

The recent heritage report to Pelham council by Carl Bray contained the statement

"Nothing important happened

here".

Bray ignores, or may not be aware of, a drama connected with the

Rebellion of 1837-38 that took place entirely in Pelham Township.

The attack on a contingent of dragoons stationed at St. Johns is well acknowledged as an important episode in a struggle that eventually led to the establishment of responsible government in Upper Canada (Ontario).

In 1838 Pelham Township was a hotbed of political discontent, with farmers and merchants exasperated with the existing order.

Even with the tempering influence of the Quakers, there were many tempted to participate in armed rebellion.

When a band of insurgents invaded the township they were aided and abetted, though most Pelhamites preferred to watch and wait.

The raiders camped in Aaron Winchester's bush, a tract of virgin forest still to be seen north of Peninsula Lakes Golf Club.

Over the base of the rebels was at Solomon Kemp's tannery across the road from the old Pelham Town Hall on Canboro Road.

Some of the insurgents trudged in the dead of night along Overholt Road and Hollow Road, stopping briefly to rob the aged Abraham Overholt and his son. The dragoons were stationed at Osterhout's Inn on Roland Road in St. Johns.

The ensuing firefight ended with the dragoons captured and eventually paroled. However, the self-styled Patriot Army, finally realizing they had stirred up a hornet's nest, dispersed south and west through the township, pursued by militia infantry and mounted government troops. Most were captured, some at Eber Rice's inn at Fonthill, some in the swamp behind Kemp's tannery. One of the leaders was hung, and a number were sentenced to transportation to Tasmania.

Nothing important? I bet go differ.

Gerry Kirk  
Pelham

### Uniforms unnecessary additional expense

Commencing September 2013, the Niagara Catholic District School Board plans to implement a standardized dress code policy for all elementary schools.

An extensive, vested undertaking continues despite all 51 schools unanimously voting this school.

Faced with significant criticism

and opposition, continual revisions attempt to disguise this gateway for a full formal uniform.

The minimum standardized dress on one end of spectrum and optional full formal uniform on the other claims to be a socio-economic equalizer however will clearly depict who can afford what.

Over the past four years, Niagara's Ontario Works caseload has increased by 47%. The MCSS intends to reduce the Region's housing and homelessness supports from 7.24 million (2012) to 2.9 million (2013).

The Region's Employment Insurance beneficiaries increased by 71% in the year following the 2008 economic crisis. Niagara's food banks are experiencing unprecedented demands.

This uniform is an additional and unnecessary expense that many families will not be able to afford.

The board claims they will financially assist families in need. Parents should not be forced to ask for what will be unaffordable to many.

This is a misaligned priority and the advocacy should be for additional resources in our schools. Children as young as three will be progressively disciplined for non-compliance.

School staff face increasing student complexities with limited community supports and will

be burdened by unnecessary adherence.

The board claims this uniform enhances self respect, promotes Catholic identity/uniqueness and instills pride and spirit.

How does demanding standardization and uniformity in attire recognize uniqueness? Diversity needs to be respected/celebrated and self expression should be recognized as an essential component of healthy childhood development. Children's internal mechanisms, not their attire, instill true pride and faith.

The Board promises a sense of belonging and welcoming learning environment however clearly those who cannot adhere do not belong and will need to leave. The Board is not adhering to their current policy requiring 80% of families to vote in favor. Instead five out of eight trustees will decide our children's future.

What options for an affordable practically funded faith based education remain?

The Ontario Catholic Institute for Education inspires a common vision through collaboration, not a dictatorship.

Please send compelling comments to the trustees through [jennifer.braley@ncdsb.com](mailto:jennifer.braley@ncdsb.com) by October 12, 2012.

Sarah and John VanDerLee  
St. Arns

### Fenwick Lions thank the community

The Fabulous Fenwick Lions Club thanks the community for its support during our recent Bikertoberfest event.

The assistance provided by so many volunteers from the Fenwick Lioness, Fonthill Lions, Thorold Lions, Fonthill Kinsmen, Station 3 Firefighters, Station 2 Firefighters, volunteer staff from the Royal Bank, Sandra Warden and staff from the Town of Pelham made this the biggest and best Bikertoberfest ever.

Our gratitude as well to our neighbours for their patience and understanding on Sept. 15.

Thanks to the generosity of the many people who bought tickets on the motorcycle we raised over \$50,000 for charity.

The winner of the motorcycle was Rob Brown of Waterloo, second prize went to Dave Freeman of Fonthill and third prize to Edwina Bissom of Barrie.

Tim Crowther  
Fenwick Lions Club



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## ■ AGRICULTURE

# Frost takes big bite from Ontario's apple supply

DON FRASER  
QMI Agency Niagara

Biting frosts in April are at the core of one of the worst apple crops in recent memory.

With the troubled harvest already several weeks under way, Harvest Ontario said about 85% of the crop was destroyed when sub-zero temperatures killed vulnerable blossoms.

Apple lovers might therefore want to stock up early.

Reports indicate this year's harvest will be so scanty, produce sellers in Ontario might only have the provincially grown fruit in bins until Christmas.

"Just a shadow of what it would have been in the past," said Mark Wright, of Wright Brothers Produce in north St. Catharines. "I think it's everybody, and I think it's other jurisdictions like Michigan and New York state ... there's no one who's going to be able to help (supply markets in the Great Lakes area)."

While Wright Brothers would normally have local and area suppliers ship them a hand-

ful varieties, for the most part so far they've mainly had the Paula Reds, McIntosh and Royal Gala available.

"We're only selling them by the quart and a few baskets," Wright said. "By now, we'd normally have baskets ... and larger volumes for the customers to buy."

John Hojzan, of Town and Country Farms on Canboro Rd., said he has seen a 15 to 20% crop and another week or two left of picking.

"My quality is good, except I don't have many," he said.

"All over, it's (generally) the same," Hojzan said, adding he has not seen a harvest this diminished in the 20 years he has grown apples.

"I'm just hoping next year's going to be better."

Some growers with wind machines that warmed up buds during the frosts did much better.

Leo DeVries, of DeVries Fruit Farms in Fenwick, has at least a half crop to work with from his approximately 40 acres of orchards.

A hot ripening summer

has also meant the quality of the fruit is "phenomenal," he added.

"We had lots of sunshine and irrigation. It's a good crop on that farm," said DeVries. "We've been blessed."

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## SOWING THE SEEDS OF THE APPLE'S WOES

■ a very warm March pushed apple blossoms out early in Niagara and elsewhere in the Great Lakes basin

■ at least one killer frost in April devastated many apple and stone-fruit growers

■ Ontario lost 85% of its apple crop this year, though some areas in Niagara fared better

■ supply of this year's area and provincial crop may run out by Christmas

■ many Niagara growers are still reporting a high-quality crop



File photo

Despite frost, a high quality apple crop is still expected this year.

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## ■ 100TH BIRTHDAY



Brown Irvine, who turned 100 on Monday, was presented with a certificate by Pelham mayor Dave Augustyn.

SARAH FERGUSON Staff Photo

## Century club's new member

PELHAM — Brown Irvine turned 100 on Monday.

There is no secret to living a long life, just good genes, a healthy lifestyle and a little bit of luck, Irvine says.

"I have good genes. My mother lived to be 103," he adds.

The Short Hills Villa resident grew up on a farm in Holstein, Ont., and graduated from high school in 1928.

He went on to attend Queen's University, and later attended the College of Osteopathy and Surgery, graduating in 1942.

Irvine was happily married to his wife Marie for many years and enjoyed working as a physician while raising his family of four children in Cambridge.

He later retired in 1990 and moved to Pelham to be closer to his children.

## ■ FUNDRAISER

# Kinsmen hold road toll

PELHAM — There were a few clowns, a lot of balloons and whole hunch of generosity when the Fonthill and District Kinsmen held their annual road toll, Saturday at the Fonthill Shopping Plaza.

And every penny they collected from people driving into the shopping plaza would be donated to The Canadian Cystic Fibrosis Foundation, said Barney Ubink, the event chairman who dressed as a colourful clown for the event.

The Kinsmen had yet to tally up the money they collected during the event, but Kinsmen past president Nev Coslovich said he suspected they were doing "pretty good."

"The people of Pelham are always willing to donate to good causes, like this one," he said. "It's an annual thing, and we really appreciate what the town gives."

There were quite a few \$20 bills amongst the change and \$5 bills in the Kinsmen's collection buckets, Ubink added.



Supplied photo  
Dressed as a clown, Chris Wilmans asks a passing motorist to pitch in.

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the healing effects of MCT oil are quite beneficial as MCTs promote better intestinal health by neutralizing microorganisms that can cause chronic inflammation.

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# Flying Lanterns pose fire hazard: fire chief

For PelhamNEWS

Pelham Fire Chief Bob Lymburner warns residents about the hazards of Flying Lanterns.

They are a small paper hot-air balloons, fuelled by an open flames.

It's not a toy, he said. "It is

a dangerous object."

The lanterns are sold by Canadian online distributors of fireworks products and at retail stores.

The Office of the Fire Marshal, the fire chief said, has been warning people around the province about the serious fire safety hazard,

The Flying Lantern is also known as a sky lantern.

When released, the hot air produced by the fuel source can lift the lantern to extreme heights and allows it to drift for long distances until the fuel is depleted. Due to their uncontrolled and unpredictable flight path, the lanterns

can land on trees, building rooftops or other combustible properties, while still ignited, and potentially cause a fire.

"Having an uncontrolled flame flying around is extremely hazardous," said Lymburner.

"I have seen the lantern in

operation, and it is definitely not a toy or decoration."

If people are found lighting these lanterns, the fire department may take enforcement action as needed.

For more information call the fire department at 905-892-3943 or email sholditch@pelham.ca.

## FIRE TRUCK CALL

PELHAM — Doug Johnson of the Welland Rotary Club has asked Pelham if it could spare a

firefighting equipment for Villa Nueva in Guatemala. The city of 710,210, second largest in Guatemala, is protected by a volunteer fire department with little equipment.

Response time to fire calls in 30 minutes.

Pelham Fire Chief Robert Lymburner said the town wasn't retiring any trucks in the near future. But it may have bunker equipment it will have to replace under Ontario time-limit safety regulations.

Fire safety rules in Guatemala are not as tight.

## RIDING IT OUT

PELHAM — Planning director Craig Larmour collected \$3,700 from town councillors, town staff and other contributors.

He hopped on a bike and rode the 100 Mile Century Challenge in the Big Move Cancer Ride for Walker Family Cancer Centre in St. Catharines. He took the 160 kilometre challenge on behalf of the town, putting in a training period before the ride. Much of the Sept. 9 ride was in Pelham. He reminded council at its meeting last the cancer ride is still receiving donations to the end of October. More than \$500,000 has been raised so far by the 439 riders.



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## ■ BUSINESSES OF THE MONTH



VICTORIA GRAY Staff Photo

Welland-Pelham Chamber of Commerce executive director Dolores Fabiano, left, and Mel Groom from RBC Dominion Bank, far right, present Convergys site manager Lisa Serba with an RBC Dominion Securities Business of the Month Award for September. The award gives the business a chance to win business of the year at the Ruby Awards on Friday, Oct. 19.



VICTORIA GRAY Staff Photo

Welland-Pelham Chamber of Commerce executive director Dolores Fabiano, left, and Mel Groom from RBC Dominion Bank present Ball Hockey International in Welland with an RBC Dominion Securities Business of the Month Award for August. Players Breanna Lewis and Tristyn Lewis help manager Stan Kostecki and comptroller Carole Saalmans accept the award.

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■ **AGRICULTURE:** Organizers estimate about 5,000 people attended event

# All fair in Wainfleet

ALLAN BENNER  
PelhamNEWS Staff

WAINFLEET — "It was a great fair — excellent results," said David Wyatt, Wainfleet Agricultural Society president.

"We had a lot of people out. We're thinking right now that close to 5,000 came out in spite of Saturday's wet morning."

Despite the pouring rain that morning, Wyatt said all the events "went off without a hitch."

"We had a lot of people comment on how well the fair was run this year and the

amount of entertainment and how entertaining everything was."

The fair's theme this year was "200 years of agriculture roots," tying the event in with the bicentennial of the War of 1812.

That theme, Wyatt added, "worked out really well" with several displays and activities dedicated to the battles fought in Niagara.

He was also impressed with the parade that rolled through the township to kick off the annual event, as well as the talent of the community's children who competed in the Wainfleet Idol.

"It was just one of those years," he said.

There were a few unusual demonstrations set up during the fair, including a display of rabbits hopping along a course of miniature obstacles.

Janine Van Oostrom was looking at YouTube videos of horse jumping, when she stumbled across a video of rabbits jumping instead. The rabbits are led around a much smaller obstacle course of jumps.

The Fenwick resident was intrigued.

"I decided to try it myself," and her own rabbit Mickey seemed to be a natural at it.

Kayla Werkman also added her bunny Oreo to the display.

She said she started stacking books and was impressed with how well the rabbit managed to hop over them.

Wyatt said he was also very impressed with the dozens of volunteers who helped out during the event, as well as the committee members — including 15 year old Robbie Sherwood, one of the youngest committee members.

Sherwood has been show-



Two-year-old Ewan Reles, with Yvan Joly, looked a little uneasy about the horse he met at the Wainfleet Fall Fair over the weekend.

ALLAN BENNER PelhamNEWS Staff

ing off his poultry during the event since he was eight years old. He was at the poultry displays again during this years event, ensuring the

birds in his care were well taken care of.

"I got two champion pigeons. I got a lot of stuff," the Lakeshore Catholic High

School student added, referring to the ribbons the 12 animals he entered won.

allan.benner@sunmedia.ca

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Flirty the Clown talks to Savannah and Aden Emery, one of hundreds of children she entertained during the Wainfleet Fall Fair.

ALLAN BENNER PelhamNEWS Staff



Robbie Sherwood holds a week-old duckling, one of a dozen animals he entered into the Wainfleet Fall Fair.

ALLAN BENNER PelhamNEWS Staff

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# ■ ROTARY: Business people and professionals

## Group Study Exchange candidates wanted for trip to Philippines

For PelhamNEWS

Rotary District 7090, which stretches from Brantford, Ont. to Jamestown, N.Y., and its 72 clubs, including the Rotary Club of Fonthill, will be offering a cultural and vocational exchange for young business and professional men and women with Rotary District 3800 in the Philippines, between February and March 2013.

Known as Group Study Exchange (GSE), the Rotary Foundation covers most of the costs involved, including airfare, accommodation, and meals for four team members and a Rotarian team leader. The hosting Philippine Rotarians and their clubs plan the itinerary.

"The personal and professional growth from being part of a team, being immersed in a different culture, and seeing

one's profession from a new perspective is remarkable," notes District Governor Rick Sterne, of the benefits of the GSE program for the young people who participate, and their employers.

Qualification for applicants include anyone between the ages of 25 and 40, in good health, who, for two years, has been fully employed and living in Rotary District 7090, is not a Rotarian or related to

a Rotarian, can be free from personal and work responsibilities for a month and can devote time to the team in the weeks leading up to the exchange (Feb. 15 to March 15).

"The best candidates are enthusiastic about their professions, exemplary in their work, are open-minded, personable, articulate, and demonstrate leadership as well as co-operation and flexibility

in working and travelling with a team," said Sterne.

In 2011, the Fonthill club was fortunate to have one of its candidates, Sally Rennie, chosen for the month-long GSE exchange to South Korea. The experience was life-changing, Rennie has said.

The deadline for candidates to apply is Nov. 2; applications can be obtained from the Rotary Club of Fonthill.

Successful candidates will be called for an interview in November.

If chosen, team members are responsible for passports, visas (if required), inoculations, gifts for their host families, and spending money for personal items.

For more information, contact a member of the Rotary Club of Fonthill or send an email to fonthillrotary@rogo.ca.

# ■ BASEBALL

## Pelham Pee-wees in OBA tournament

For PelhamNEWS

The Pelham Pee-Wee Rep team sponsored by Bobcat of Hamilton travelled to Belle River to compete in the Ontario Baseball Association Provincial Finals.

In the first game of the tournament, Pelham faced off against the Belle River Braves. The Panthers battled hard keeping pace with the Provincial favorites for 5 innings but they could not contain the Belle River bats in the 6th inning and were defeated 18-8.

The second game had the Panthers facing Wallaceburg, Pelham's bats pounded 16 hits over 5 innings and sealed the game with an 18-4 win.

The third game of the weekend had the Panthers facing Kingsville where the winner of the game moved on to the Semi-Finals.

Pelham led the lead for the majority of the game but the Kingsville Knights put together a 5 run 7th inning and eliminated the Panthers from the tourney.

Notable mentions over the OBA weekend are:

■ Harry Steven 1 hr, 5 singles, 2 doubles, 4 rbi's;  
■ Evan Debbie 6 singles, 3 doubles, 4 rbi's;  
■ Ryan Reece 8 singles, 1 triple, 5 rbi's

■ Nathan Cook 5 singles, 1 rbi  
■ Dallas McKee 1 single, 4 doubles, 6 rbi's  
■ Pat Coupland 4 singles, 3 rbi's  
■ Sydney Forte 3 singles, 4 rbi's  
■ Spencer Reynolds 2 singles, 1 double, 4 rbi's  
■ Josh Stuart 2 singles, 2 rbi's  
■ Stephen Scott 2 singles, 1 rbi  
■ Garret Quast had 7 base on balls.

The strong arms of Pat, Dallas, Harry, Garrett, Nathan, Ryan, Evan, and Stephen all chipped in with a balanced

attack on the mound.

On Wed Sept 5, the Pee-wee Panthers were eliminated from the Niagara District Baseball Association Semi Finals by the Niagara Falls Minors by a score of 12-11.

Ryan Reece had three of the Panther's 10 hits, while Dallas McKee chipped in with two doubles.

Congratulations to the Panthers who had an overall season record of 24 wins, 26 losses and 4 ties.

A special thanks to BOBCAT of Hamilton and Couplands Mobile Wash for their sponsorship and support.

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# ■ UNIVERSITY WOMEN

## CFUW Welland and District: 71 years of growing and moving forward

For PelhamNEWS

Canadian Federation of University Women Welland District held their first meeting for the 2012-13 season at the home of Angela Mannella-Pisani.

Traditionally this is a social gathering where members both long standing and new have the opportunity to share summer memories.

This year will again see the club's annual book sale, scheduled for Saturday, October 13 at the Regional Fair Grounds in Welland beginning at 9 a.m.

The club's October meeting will be held at the Plymouth Cordage Retirement Residence, Welland on Wednesday, Oct. 17 at 7:30 p.m.

The club welcomes all women interested in joining.



[pelham.news@sunmedia.ca](http://pelham.news@sunmedia.ca)

# ■ TALENT SHOW



ALLAN BENNER PelhamNEWS Photo

Nate Katch was one of several talented young people who performed in the Waifair Fall Fair.

## ■ REUNION

# Pelham High students cheer again

WAYNE CAMPBELL  
PelhamNEWS Staff

Almost 40 years after it closed in 1974, Pelham District High School still educates students.

A fund, generated by a \$10,000 profit from the old high school's first reunion in 1984, provides scholarships to E.L. Crossley Secondary School graduates.

"We invested when interest rates were high and added to it at later reunions," said Ken Crowther, who attended Pelham High in the late 1960s.

He's an organizer of the school's seventh reunion, taking place Saturday, Oct. 20, at Sparrow Lakes Golf Course.

The 1984 reunion drew 4,000 people to the school building. By then it was a private school. Today it is an apartment complex on Canboro Rd. at Balfour St.

Reunions were held first every five years, then every three for former students.

"There are fewer of us

**“Everybody knew everybody and many are still friends today.”**

Ken Crowther

now,” Crowther said, noting the 2009 reunion attracted more than 300 people.

In the 1960s new high schools — Thorold-Routhill and E.L. Crossley — drew students away from Pelham High.

"When I was there we had 1,500 students, I guess that was the peak," said Crowther.

Almost everyone was based in from the surrounding area, Wainfleet and what is now West Lincoln.

"We had a wide social connection, knowing people from Lowbanks, Wellandport and Fonthill as well as our own neighbourhood."

Sports, especially football and track, were important. The 1963 Pelham Panthers championship victory in the Welland Tribune basketball

tournament was a major achievement.

Crowther said Pelham High was called "the farmers' school," not only because it was rural but because it had an agricultural program.

Despite its size, it was a close-knit group of students. "Everybody knew everybody and many are still friends today."

At the reunions, the connections are renewed.

wayne.campbell@sunmedia.ca

## REUNION FACTS

■ Saturday, Oct. 20

■ Sparrow Lakes Golf Course, 105 South Pelham Rd., Welland.

■ Registration \$10 at the door

■ For more information e-mail pelhamhighreunion7@gmail.com or call 905-892-7090.



WAYNE CAMPBELL Staff Photo

Pelham District High School alumni Ken Crowther and Vilma Moretti hold a victory banner from the 1963 Tribune basketball tournament. They are surrounded by memorabilia from the high school that closed in 1974. The alumni will hold its seventh reunion on Saturday, Oct. 20, 1 p.m. to 5 p.m. at Sparrow Lakes Golf Club.

## LIBRARY EVENTS

### CULTURE DAYS "LIFE IN 1812"

Step back in time with us as we explore what life was like in 1812, in this family-friendly, hands-on activity day. Make a toy, try spinning, taste your own homemade butter, roll a pretend musket cartridge. Sat., Sept. 29 from 2-4 p.m. Children must be accompanied by a grown up. All ages. Drop in. Free.

### EVERYTHING YOU EVER WANTED TO KNOW ABOUT DIVORCE AND MORE

If you have wondered: What to do with the family home? How divorce can leave you asset rich and cash poor? The importance of having good credit. Listen to three experts share their knowledge to help you through this troubling time. Free with a donation of a non-perishable food item or monetary donation to Pelham Cares. Tuesday, Oct. 9 from 6:30-8:30 p.m.

### JAPAN, LAND OF SHRINES, TEMPLES, PAGODAS AND CASTLES

Take an armchair trip to Japan with photographer Les Check. We will visit sites such as Kamakura, a very popular tourist destination which offers numerous temples, shrines and other historical monuments and is home to the famous giant Buddha. The Hachimanji shrine is Kamakura's most

important shrine. We will stop at the Kenjo-ji Temple, one of the five great Zen temples and visit Hagaya castle. We will end at the city of Kyoto, a treasure house of Japanese riches and Japan's capital for more than 1100 years. Monday, Oct. 1 at 7:30. \$4. Please register ahead.

### SOCK-MANIA KNITTING CLASS HITS FENWICK

Do you knit but have never tried making socks? This class is for you. Learn basic sock construction from the cuff down. Elaine Anderson, sock addict, will take you through the steps to create a mini sock.

Thursday, Oct. 4 - Nov. 8, 10 - 11:30 a.m. "Maple Acire Branch", Register ahead in person. \$60. Knitting experience is required.

### FIRE PREVENTION "HAVE 2 WAYS OUT"

This fun family event is designed to have all ages participate in fire prevention. Raffles, movie, demonstration by the extinction team, extinguisher training, scavenger hunt, contests and more. The Pelham Fire Department will be on hand to answer all of your fire safety questions. The Fire Prevention Week theme for this year is "Have 2 Ways Out". Friday, Oct. 12 at 6 p.m. Free. Please register ahead.

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■ **CONSERVATION:** Town receives heritage master plan

# In Pelham you slow down for squirrels



WAYNE CAMPBELL Staff Photo

Well-kept cemeteries and historic buildings such as these at Pelham Friends Evangelical Church are valuable assets for both historical and economic reasons. Consultant Carl Bray of Bray Heritage presented the Heritage Master Plan final report to Pelham town council Monday. The church cemetery has been designated a United Empire Loyalist burial site by the United Empire Loyalist Association of Canada Col. John Butler Branch.

WAYNE CAMPBELL  
PelhamNEWS Staff

PELHAM — A heritage master plan is more than a list of old buildings.

It shows the community the economic benefits of heritage conservation, consultant Carl Bray told town council Monday as he presented his final report on the plan that provides a management framework for the municipality to address provincial heritage policies.

"With this you can cherry pick on what you need to do," said Bray.

To create the master plan, he worked with Archaeological Services Inc., the Planning Partnership, the Tourism Co., Baird Sampson Neut Architects and Golden Consulting.

He said the plan ties into economic, tourism and planning aspects of the town.

Unlike other communities in the Golden Horseshoe, "you're not under the gun of massive expansion," Bray told councillors, recognizing Pelham has retained its rural character.

"It's low-key. It's what people are looking for. It's a place where you slow down for squirrels."

The town has its quirks such as roads that stagger at concessions.

The plan covers all types of heritage resources including buildings, landscapes, archaeological potential and local traditions.

Showing a coloured map of agricultural land qualities, he said "green is gold as rich agricultural land increases in value" to serve a hungry world.

Pelham was fortunate in that it was a place people passed through.

"Nothing major happened here," Bray said.

In pre-contact time, aboriginal groups stuck to the watercourses and boggy areas. The War of 1812 was fought away from Pelham. In transportation, it had one of the first electric systems with the N.S.&T trolleys.

An untapped potential for tourism are its well-maintained cemeteries with historical links. It has a good stock of historical buildings that can enhance other uses. Similarly, the town's rolling, scenic landscapes can tie in with cycling and other recreation, explained the consultant.

The heritage master plan will be used by council and staff along with the town's official plan and strategic plan.

[wayne.campbell@sunmedia.ca](mailto:wayne.campbell@sunmedia.ca)

## SIGNIFICANT HERITAGE

### ■ 5 character areas

- 12 Mile Valley and its communities
- Canboro Road corridor
- North Pelham and vicinity
- Quaker meeting house and vicinity
- Chippawa Creek

### ■ Cemeteries and archaeological sites

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WAYNE CAMPBELL  
PelhamNEWS Staff

■ **TRAFFIC:** On Regional Rd. 20

## Pelham seeks flashy school zone

Hillcrest Pl. and Pinecrest Ct. recently opposed its property's rezoning, saying traffic presented a risk.

Accurs said he was responding to their concerns in recognizing a large number of residents enter and exit Regional Rd. 20 during the morning and afternoon periods.

He asked for the school zone on advice of regional staff, who indicated drivers may pay more attention to school zones than community safety zones.

Ward 2 Councillor Catherine King, while supporting the motion, pointed out the existing 30-km/h limit isn't being respected by drivers. She hopes Niagara Regional Police will be ready to enforce a new limit.

Mayor Dave Augustin said he and Pelham Regional Council, Brian Baty will work on getting up the school zone at the regional level.

[wayne.campbell@sunmedia.ca](mailto:wayne.campbell@sunmedia.ca)

Neighbours of the future school on

**"higher costs, and fewer choices."**

- Iain Grant, Telecommunications Analyst, Montreal Gazette, August 8, 2012

**"surprised that Bell thinks it can  
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- Steve Faguy, freelance journalist

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- Michael Geist, Ottawa Citizen, August 7, 2012



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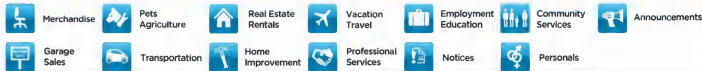
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## MARKETING

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■ COUNCIL: 7 p.m. at Old Pelham Town Hall

## Public meeting on cultural plan Tuesday

For PelhamNews

The town will hold a public meeting next Tuesday at 7 p.m. to gather opinions and information for its cultural master plan.

The meeting will be held in a cultural asset, Old Pelham Town Hall at 491 Canboro Road, Ridgeville.

Those attending the two-hour session will be asked about the needs and opportunities for cultural development in the town as well as learn more about the cultural master plan.

"We would also like to hear about your vision for culture in Pelham and your ideas for maximizing and developing the town's existing cultural assets," said community services manager Vickie VanRavenswaay.

The town has retained Sierra Planning and Management to develop the plan.

The plan will create the framework for cultural invest-

ment in Pelham. It will identify what the town has in place, and helping to define and develop local cultural assets. It will contain recommendations for supports to ensure effective implementation of the plan. It's expected to be complete by March 2013.

The plan will be a municipal planning document that will feed into the town's planning processes for tourism, recreation and economic development.

The town has a survey available on line at: <https://www.surveymonkey.com/s/367d6d3> to assist those attending the public meeting.

For information about the meeting contact Vickie VanRavenswaay at [vicvanr@pelham.ca](mailto:vicvanr@pelham.ca) or 905-892-2607 ext 312.

If you are unable to attend the public meeting, but would like to express your thoughts, you can e-mail comments to [VanRavenswaay@pelham.ca](mailto:VanRavenswaay@pelham.ca).

## AROUND TOWN

### SATURDAY, OCT. 20

**PELHAM HIGH REUNION**  
The 7th Pelham (District) High School Reunion will be held on from 1 p.m. - 5 p.m. at Sparrow Lakes Golf Club, 105 Pelham Street, Welland. Registration is \$10 at the door. For more info e-mail [pelhamhighreunion1@icloud.com](mailto:pelhamhighreunion1@icloud.com) or call 905-892-7090.

### ONGOING

**TUESDAY NIGHT BINGO** St. Ann's Parish, 834 Canboro Rd., Fenwick, 7 p.m. Continues every Tuesday to the end of June. Wheelchair accessible. Chance to win \$100. 905-892-6123.

**ST. ALEXANDER PASTA NIGHT** first Thursday of every month at St. Alexander Church, Town Square, Fonthill. Admission: \$9 for adults, \$4 for children age four to 12 and children under three free. All you can eat red and white sauce, penne, meatballs, sausage, garlic bread, salads and more. Catered by Antipasto's.

**FENWICK LIONS FISH FRY** every second Friday at Fenwick's Centennial park from

4 p.m. to 7 p.m. Large two-piece dish of haddock and fries \$10, one piece \$8. For cole slaw add \$1. This 15-Friday season runs from April to October fish fry dates are: Oct. 5 and Oct. 19.

**PELHAM FARMERS MARKET** runs each Thursday evening market from 4:30 p.m. to dusk in the parking lot of the Pelham Municipal Building in Fonthill. The weekly sale of local produce, flowers and agricultural products continues weekly until Oct. 25.

**FONTHILL LEGION LUNCH** each Friday from 11:30 a.m. to 1 p.m. at Royal Canadian Legion Branch 613 hall on Regional Rd. 20 east of downtown Fonthill. \$9 with takeout available. Main dish plus dessert, tea and coffee.

**ART CLASSES WITH BEVERLY SNEATH** Adult Classes Acrylics Monday afternoons from 12:30 p.m. to 3:30 p.m. starting Sept. 10 and Watercolour 6 p.m. to 8:30 p.m. at the Studio 1341 Effingham St., Ridgeville Watercolour Tuesday afternoons from 12:30



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**ALZHEIMER SOCIETY** of Niagara Region Support Groups for Caregivers meets the first Tuesday of each month, except July and August, 1:30 p.m. to 3 p.m. at Rapelle Lodge, 277 Plymouth Rd., Welland. For info call 905-67-3914.

**ALZHEIMER SOCIETY** of Niagara Region Support Groups for Caregivers meets the third Monday of each month, except July and August, 1:30 p.m. to 3 p.m. at Alzheimer Society, 403 Ontario St. Unit 1, St.

Catharines. For info call 905-687-3914.

**CHORUS NIAGARA** The Power of 100. Artistic Director Robert Cooper invites singers to audition for Niagara's premier 100 voice community choir. Call Pam at 905-357-1616 for an audition appointment. Further information [www.chorusniagara.ca](http://www.chorusniagara.ca)

**ST. CATHARINES NEWCOMERS** Club invites women of all ages new to the Niagara area to join us on the first Wednesday of the month, at the Heideck of 6300 Lake St., St. Catharines at 7:00 p.m. Call Lois at 905-988-9988 or Gwen 905-641-9816.

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# Leaf Source

## STOPS PAIN WITHIN DAYS!

**"It works! I'll take another two bottles please!"**

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's miseries. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again!" said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone - as if it was never there." Ian goes on, "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life

back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."



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